Week 1168: Short cuts to help you with your New Year's resolutions. For example, if you want to eat healthier, try keeping a list of healthy options in your kitchen so you don't feel tempted to reach for something unhealthy. If you want to save money, try creating a budget and tracking your expenses. By doing these things, you can set yourself up for success in the new year.

Debates about Communion exclusion

Sue Amsbary

Dear Sue Amsbary,

I am a member of a church in [location] and have recently heard that our church is planning to exclude some members from Communion. I am concerned about this and would like to understand the reasoning behind it.

Can you provide some insight into why this decision is being made and what impact it may have on our church community?

Thank you for your time and consideration.

Sincerely,
[Your Name]

Sue Amsbary

Dear [Your Name],

I understand your concerns regarding the decision to exclude some members from Communion. It is an important issue that affects our church community.

The decision to exclude members was made after careful consideration and consultation with the leadership of our church. The reasoning behind this decision is based on the church's commitment to upholding certain values and principles that are fundamental to our faith.

Specifically, the church leadership has determined that excluding certain members aligns with our values of [insert values]. It is important to note that this decision was not taken lightly and was made after much deliberation and discussion within the church.

Excluding members from Communion can have a significant impact on our church community. It is important to ensure that all members feel included and welcomed, and this decision was made with these principles in mind.

I understand that this decision may be difficult for some members to accept, but it is important to remember that it was made with the best interests of our church community in mind. I encourage you to have open and honest conversations with the church leadership and to seek understanding and support from within our community.

Thank you for your understanding and support.

Sue Amsbary